

Contact information

To request information or services

- **Montérégie** (French and English)
450-443-4413 | 1-866-964-4413
- **Montréal** (English)
514-486-1304

Outpatient services

- **Candiac**
450-619-6009 | 1-877-619-6009
201 boulevard de l'Industrie, 3rd floor
- **Granby**
450-375-0022
33 rue Dufferin
- **Longueuil**
450-651-3113 | 1-888-651-3113
1525 rue Joliette
- **Montréal** (English)
514-486-1304
3285 boulevard Cavendish, Suite 100
- **Saint-Hubert**
450-443-2100 | 1-800-363-9434
5110 boulevard Cousineau
- **Saint-Hyacinthe**
450-771-6622 | 1-866-770-6622
2115 boulevard Casavant Ouest, Suite 202
- **Saint-Jean-sur-Richelieu**
450-348-1600 | 514-875-6678
202 rue Saint-Louis
- **Salaberry-de-Valleyfield**
450-373-5934 | 1-877-343-5934
11 rue de l'Église, 3rd floor
- **Sorel-Tracy**
450-746-1226
61 rue Morgan

Website

santemonteregie.qc.ca/services/dependances

Our mission

To maintain, improve, and restore the health and well-being of the Québec population by making accessible an array of integrated and quality health and social services, while contributing to the social and economic development of Québec.

Our vision

Accessible and efficient health care and services that adapt to the needs of Québécois.

Our goals

The CISSS de la Montérégie-Ouest achieves its goals through its innovative approaches and stands apart through:

- its exemplary offer of care and integrated services based on interdisciplinarity, accessibility, and adaptability to the needs of its population;
- its willingness to question and improve its professional, clinical, and administrative practices;
- its appreciation of its personnel and the implementation of human resource management practices;
- its strong relationships with its partners.

Our values

Our actions are guided by five equal and interconnected values:

- Compassion;
- Collaboration;
- Commitment;
- Confidence;
- Consistency.

ADDICTION PROBLEM? GET THE HELP YOU NEED!

What you need to know



santemonteregie.qc.ca/ouest

The different types of addiction:

1. alcohol;
2. drugs (including prescription medication);
3. gambling and compulsive buying;
4. problematic Internet use.

We can help!

Free and confidential services.



What is the Centre de réadaptation en dépendance (CRD)?

The CRD is a public institution that belongs to the health and social services network.

Its mission: To provide detoxification, rehabilitation, and social reintegration services to people with addiction problems related to alcohol, drugs (including prescription medication), gambling and compulsive buying, and problematic Internet use.

It also offers services to the friends and family members of clients, whether or not they are registered for the CRD's services.

Our team of professionals can help you to:

- **Reduce** the negative consequences of your substance, gambling, compulsive buying, or Internet habits;
- **Adopt** responsible behaviours for dealing with them;
- **Acquire** new skills for coping with daily challenges.

The CRD team is made up of:

- Physicians;
- Nurses;
- Psychosocial workers.

We also work with several partners in the territory to provide accessible, ongoing services.

Programs and services adapted to everyone's needs

Outpatient services:

- Adolescents;
- Adults;
- Family and friends.

Residential detoxification services:

- Adults.



These services are for you if:

- You're worried about your substance, gambling, compulsive buying, or Internet habits OR those of your loved ones;
- You're experiencing negative repercussions related to your substance, gambling, compulsive buying, or Internet habits OR those of your loved ones;
- You feel like you've lost control over your substance, gambling, compulsive buying, or Internet habits;
- You've tried several times, unsuccessfully, to:
 - cut back on or stop using alcohol or drugs,
 - change your gambling, compulsive buying, or Internet habits;
- You'd like to learn and develop ways to change your habits and to cope with the challenges related to your substance, gambling, compulsive buying, or Internet habits.

We offer personalized services. The intensity of the treatment depends on the teen's or adult's condition, expectations, and objectives with respect to their substance, gambling, compulsive buying, or Internet habits.