

# DÉBA-Alcool (Dépistage/Évaluation du Besoin d'Aide - Alcool / Assessment and Screening of Assistance Needs - Alcohol) v2.0p

Tremblay, J., Rouillard, P., & Sirois, M. 2000. Rév. 2016  
Translated by Villeneuve A.-C. (2005)

User's first name (please print)

User's last name (please print)

- Male  
 Female

--	--

Age

Home tel. No.

--	--	--	--	--	--	--	--	--	--	--	--

Other tel. No.

--	--	--	--	--	--	--	--	--	--	--	--

### Question #1

Within the past 12 months, how often have you consumed beer, wine, liquor or any other alcoholic beverages?

- Never consumed
- Less than once a month, i.e. a total of 11 times or less/year
- 1 to 3 times a month (12 to 51 times/year)
- 1 or 2 times a week
- 3 or more times a week

**End here**

**Go on to questions 2 and 3**

### Question #2 Within the past 12 months, during a typical week of alcohol consumption...

... How many days a week do you drink?  **X** ... During those days, how many drinks do you usually do?  = Calculate the number of drinks during a typical week

See chart on verso

**If the number of drinks/week is 11 and up for women and 16 and up for men OR  
If the number of binge drinking episodes within the last year is 12 and up, go on to questions 4 to 19.  
If not, end here.**

### Question #3 (Binge drinking episodes)

Within the past 12 months, how many times have you drunk...

- WOMEN  ... 4 or more drinks on one occasion?  
MEN  ... 5 or more drinks on one occasion?

## Severity of Alcohol Dependence Data (SADD)

Raistrick, D., Dunbar, G., & Davidson, D. G. (1983)

**"I will ask you a few questions related to your drinking habits. Think about your drinking habits within the last year and answer me spontaneously"**  
*Fill in the appropriate circle*

		Never	Sometimes	Often	Nearly always
4. Do you find difficulty in getting the thought of drink out of your mind? .....	4.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. Is getting drunk more important than your next meal?.....	5.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. Do you plan your day around when and where you can drink? .....	6.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. Do you drink in the morning, afternoon and evening? .....	7.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. Do you drink for the effect of alcohol without caring what the drink is? .....	8.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. Do you drink as much as you want irrespective of what you are doing the next day? ....	9.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10. Given that many problems might be caused by alcohol do you still drink too much? .....	10.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11. Do you know that you won't be able to stop drinking once you start? .....	11.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12. Do you try to control your drinking by giving it up completely for days or weeks at a time? .....	12.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13. The morning after a heavy drinking session do you need your first drink to get yourself going? .....	13.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14. The morning after a heavy drinking session do you wake up with a definite shakiness of your hands? .....	14.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15. After a heavy drinking session do you wake up and retch or vomit? .....	15.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16. The morning after a heavy drinking session do you go out of your way to avoid people? .....	16.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17. After a heavy drinking session do you see frightening things that later you realize were imaginary? .....	17.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18. Do you go drinking and next day find you have forgotten what happened the night before? .....	18.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

19. Would you like to receive help to change your alcohol drinking habits?.....  Yes  No **SADD Total 4 to 18**

<input style="width: 30px; height: 20px;" type="text"/>	-	<input style="width: 30px; height: 20px;" type="text"/>	-	<input style="width: 100%; height: 20px;" type="text"/>
month		day		year

Last and First Name of counsellor (block letters please)

See verso for interpretation

"LIQUOR" (40%)	BEER (5%)	WINE (13%)
43 ml (≅ 1½ oz.) = 1 drink	1 small beer bottle (341 ml) = 1 drink	1 glass (131 ml) = 1 drink
375 ml (≅ 13 oz.) = 9 drinks	1 large beer bottle (625 ml) = 2 drinks	1/2 litre = 4 drinks
750 ml (≅ 26 oz.) = 18 drinks	1 King can ( 750 ml) = 2 drinks	1 bottle (750 ml) = 6 drinks
1,141 (≅ 40 oz.) = 27 drinks	1 Boss (950 ml) = 3 drinks	1 bottle (1 l) = 8 drinks
60 ml of Listerine = 1 drink	1 Max Bull (1.18 l) = 3.5 drinks	<b>"FORTIFIED WINE (20%)"</b>
30 ml of Aqua Velva = 1 drink	1 pitcher = 4-6 drinks	
	1 little keg = 15 drinks	1 small glass (85 ml) = 1 drink
	1 Cooler (314 ml) = 1 drink	

1 drink = 17 ml or 13,6 g of pure alcohol. For example, 341 ml beer at 5% alcohol contains 17 ml of pure alcohol (i.e. 341 ml X .05)

<b>Score Interpretation of the SADD</b>	
<b>0-9</b>	<b>Frontline treatment</b>
<b>10-17</b>	<b>Answer questions 20-28 before contacting the counsellor of specialized treatment center to discuss the counselling options</b>
<b>18-45</b>	<b>Specialized treatment</b>

I authorize \_\_\_\_\_ to forward the present evaluation to \_\_\_\_\_ and to discuss it for counselling purposes.  
Date: \_\_\_\_\_ User's signature \_\_\_\_\_  
Valid until \_\_\_\_\_

**Drinking Impact Scale (DIS)**

Traduct by Villeneuve A.-C. (2005) of "Échelle des Conséquences de la Consommation d'Alcool" (ÉCCA)  
Tremblay, J., Rouillard, P., & Sirois, M. 2000.

If the individual has a score between 10 and 17 according to the SADD, ask the following questions before contacting the counsellor of the substance abuse center.

**WITHIN THE LAST YEAR...**

	Never	Once	2 or 3 times	4 to 10 times	Every month (12 to 51 times)	Every week (52 + times)
20. Has your drinking negatively affected your performance at work, school or when doing your household chores?..... 20.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
21. Has your drinking negatively affected one of your friendships or one of your close relationships? ..... 21.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
22. Has your drinking negatively affected your marriage, romantic relationship or family?..... 22.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
23. Have you missed work or school days because of your drinking?..... 23.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
24. Have you ever drunk in situations where the act of drinking increased the risk of injury, for example operating machinery, using firearms or knives, crossing heavy traffic, mountain climbing or swimming? ..... 24.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
25. Have you ever driven a motorized vehicle (car, motorcycle, boat, SUV, Sea-doo) even though you had drunk alcohol and exceeding the 0.08?..... 25.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
26. Have you ever been arrested for driving a vehicle under the influence? ..... 26.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
27. Have you ever been stopped, arrested or held in custody at the police station for public drunkenness or for having disturbed the peace under the influence of alcohol?..... 27.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
28. Has your drinking diminished your ability to take care of your children? ..... 28.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

The Alcohol and Drug versions of the DÉBA come with a user guide where the scientific rationale is largely outlined as well as the administrative and interpretation procedures. You can obtain the guide by downloading it on the RISQ website at [www.risqtoxico.ca](http://www.risqtoxico.ca). You can reach me at the following email address: [nadine.blanchette-martin@ssss.gouv.qc.ca](mailto:nadine.blanchette-martin@ssss.gouv.qc.ca)

2274148187

***Criteria to consider for registration to My choices / Alcochoix***

To be photocopied on the back of DEBA-Alcohol and completed after DEBA-A/D v2.0  
Simoneau, H., Tremblay, J., Blanchette-Martin, N., Ferland, F., Fallu, J-S, Brochu, & S., Giroux, I (2019)  
risqtoxico@uqtr.ca

**COMMENTS**