

Managing visitors

- To limit transmission, prohibit visitors who are showing symptoms or who have been in contact with an infectious disease.
- Educate visitors about the importance of hand hygiene.
- Educate visitors about how to use PPE and provide them with the required PPE, as needed.

Sharps

- Dispose of sharps in secure sharps containers.
- Place sharps containers as close as possible to where the procedure is being performed.

Other IPC measures

Point-of-care risk assessment (PCRA)

Based on the professional judgment of staff:

- Assess the possibility of exposure to an infectious agent or biological fluid.
- Decide on the measures and/or PPE needed to minimize the risk of exposure for the resident concerned and others.

Vaccination

- Educate residents, workers, volunteers and visitors about the importance of adequate vaccination coverage

Our mission

Maintain, improve, and restore the health and well-being of the Québec population by providing access to a set of quality, integrated health and social services, thereby contributing to the social and economic development of Québec.

Our vision

Accessible, efficient health care and services that are adapted to the needs of Quebecers.

Our goals

The CISSS de la Montérégie-Ouest achieves its goals through its innovative approaches and stands apart through:

- The excellence of its local, integrated care and services offer focused on interdisciplinarity, accessibility, and adaptation to the needs of the population;
- Its courage to question and improve its professional, clinical, and management practices;
- Recognition for the contribution of its staff and implementation of human resources management practices;
- The strength of its relationships with its partners

Our values

Our actions are guided by five interdependent, cohesive values:

- Compassion;
- Collaboration;
- Commitment;
- Confidence;
- Consistency.

INFECTION PREVENTION AND CONTROL: BASIC PRACTICES

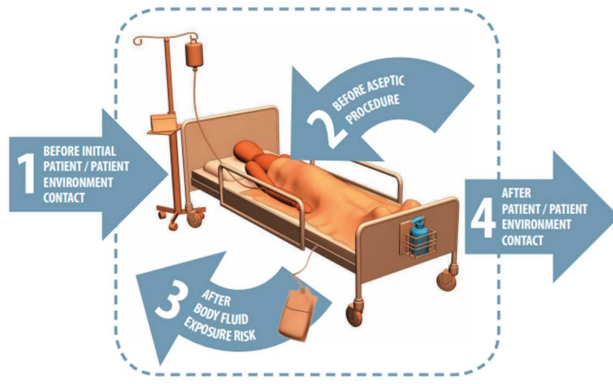
What you need to know



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Hand hygiene

In addition to the four times below, hand hygiene is required in the following situations:



Other times :

- Before entering and when leaving the facility;
- Before eating or feeding a resident;
- Before handling medication;
- After using the bathroom;
- After blowing your nose;
- After removing gloves;
- After inadvertently touching your mask;
- After touching contaminated or potentially contaminated items. (Non-exhaustive list)

Instructions :

- When available, prioritize the use of hand sanitizer (rub hands for 15-20 sec.).
- Use soap and water when your hands are dirty and after using the bathroom, after contact with bodily fluids, or when taking additional precautions against *C. difficile* or scabies.
- Use hand sanitizer on dry hands.

Personal protective equipment (PPE)

Wear gloves :

- During any possible contact with biological fluids or damaged skin;
- When handling soiled objects;
- If the worker has open wounds on their hands.

Change or remove gloves

- Between each resident;
- Between each procedure;
- If you suspect a leak in the glove;

- Do not reuse gloves;
- Remove gloves and throw away in the room.

Gown, mask and safety glasses :

- When there is a risk of splashing;
- People with symptoms of a respiratory virus must wear a mask.

Hierarchy of infection controls

Comprised of three levels to establish an order of priority of infection controls. For example :

Physical and engineering controls :

- Presence of hand sanitizer dispensers and Plexiglass partitions.

Administrative and organizational controls :

- Documentation on basic practices and hand hygiene;
- Documentation on respiratory hygiene.

Personal protective equipment :

- Availability and proper use of PPE.

Hygiene and cleanliness

- Care equipment in direct contact with a resident or their environment must be cleaned and disinfected before being reused on another resident.
- The premises must be cleaned and disinfected at least once a day and more often as needed.

Soiled laundry

- Avoid placing contaminated or soiled laundry (clothing and linens) on the floor;
- Avoid shaking the laundry;
- Avoid touching your skin or clothing with the contaminated laundry;
- Wash clothing according to manufacturer's instructions;
- Wear a gown and gloves when handling soiled laundry if there is a risk of contact with biological fluids.