



BEREAVEMENT SUPPORT RESOURCES

To better guide you

If you need support
following the loss
of a loved one, here
is a list of bereavement
support resources.

Resources

Psychosocial services and providers

- CLSC de Châteauguay: **450-699-3333**
- CLSC de Huntingdon / Huntingdon CLSC: **450-829-2321, ext. 1299**
- CLSC de Saint-Rémi: **450-454-4671**
- CLSC de Salaberry-de-Valleyfield: **450-371-0143**
- CLSC et Centre de services ambulatoires de Vaudreuil-Dorion: **450-455-6171**
- CLSC Kateri: **450-659-7661**

Helplines

- Le Deuil: **1-888-533-3845**
- Tel Aide: **514-935-1101**
- Service Info-aidant (L'Appui): **1-855-852-7784**

Support groups

- Les Aidants du Haut-Saint-Laurent: **450-826-1243** | **1-855-826-1243** (toll-free)
- Maison Victor-Gadbois (Saint-Mathieu-de-Belœil): **450-467-1710**
- Les amis du crépuscule (Saint-Hyacinthe) - for adults and children: **450-252-2737**
- Résidence de soins palliatifs Teresa-Deller: **514-693-1718, ext. 231**
- Nova West-Island: **514-695-8335** | novawi.org/
- Maison de soins palliatifs de Vaudreuil-Soulangue: **450-202-2202**
- La Fondation PalliAmi: **514-413-8777, ext. 1-27434**
palliami.org/suivi-de-deuil/
- Le Centre de relation d'aide de Montréal: cramformation.com/



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To better guide you

Online

- Understanding and working through grief: mygrief.ca/
- Bereavement: lagentiane.org
- Le repos Saint-François d'Assise, bereavement section: infodeuil.ca
- Ordre des psychologues du Québec: ordrepsy.qc.ca/english
- Resource directory for caregivers and the bereaved (French only): jaccompagne.ca/ressources
- Montérégie-Centre Grief support kit: santemonteregie.qc.ca/centre/trousse-de-deuil-du-cisss-de-la-monteregie-centre

Resources for bereaved children

- Deuil-jeunesse: **418-624-3666** | **1-855-889-3666** (toll-free) | deuil-jeunesse.com
- Maison des petits tournesols: **514-543-0503** | laisondespetitstournesols.com
- Nova West-Island: **514-695-8335**
- Weekend bereavement camp for children – Camp Carrousel: **514-695-8335, ext 210** | novawi.org
- Maison Victor-Gadbois: **450-467-1710**
- Les amis du crépuscule: **450-252-2737**



Our mission

To maintain, improve, and restore the health and well-being of the Québec population by making accessible an array of integrated and quality health and social services, while contributing to the social and economic development of Québec.

Our vision

Accessible and efficient health care and services that adapt to the needs of Québécois.

Our goals

The CISSS de la Montérégie-Ouest achieves its goals through its innovative approaches and stands apart through:

- its exemplary offer of care and integrated services based on interdisciplinarity, accessibility, and adaptability to the needs of its population;
- its willingness to question and improve its professional, clinical, and administrative practices;
- its appreciation of its personnel and the implementation of human resource management practices;
- its strong relationships with its partners.

Our values

Our actions are guided by five equal and interconnected values: compassion, collaboration, commitment, confidence and consistency.