

Programs and services adapted to everyone's needs

Outpatient services:

- Teenagers
- Adults
- Family and friends

Residential withdrawal management and rehabilitation services:

- Adults
- Teenagers, through youth
access mechanisms

Contact information

Addiction readaptation centres

- **CRD de Candiac**
450-619-6009 | 1-877-619-6009
201 boul. de l'Industrie, 3rd floor
Candiac
- **CRD de la rue Joliette**
450-651-3113 | 1-888-651-3113
1525 rue Joliette, Longueuil
- **CRD du boulevard Cousineau**
450-443-2100 | 1-800-363-9434
5110 boul. Cousineau, Saint-Hubert
- **CRD de Saint-Hyacinthe**
450-771-6622 | 1-866-770-6622
2115 boul. Casavant Ouest, suite 202
Saint-Hyacinthe
- **CRD de Saint-Jean-sur-Richelieu**
450-348-1600 | 514-875-6678
202 rue Saint-Louis
Saint-Jean-sur-Richelieu
- **CRD de la rue de l'Église**
450-373-5934 | 1-877-343-5934
11 rue de l'Église, 3rd floor
Salaberry-de-Valleyfield
- **CRD de Sorel-Tracy**
450-746-1226
61 rue Morgan, Sorel-Tracy

Centre intégré de santé et de services sociaux
de la Montérégie-Ouest

Addiction problem?

Get the help you need!

WHAT YOU NEED TO KNOW



Useful resources

For all service and information requests

- **Montérégie**
(French and English)
450-443-4413 | 1-866-964-4413

Website

santemonteregie.qc.ca/en/services



santemonteregie.qc.ca/ouest

Centre intégré
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et de services sociaux
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Québec

E101 - DÉCEMBRE 2024

Québec

There are different types of addiction:

1. Alcohol
2. Others drugs (including prescription medication)
3. Gambling
4. Problematic internet use

We can help!

Free and confidential services.



What are addiction readaptation centres (CRD)?

CRDs are public institutions in the health and social services network.

Their mission: To provide detoxification, rehabilitation, and social reintegration services to people living with addiction problems related to alcohol, drugs (including prescription medication), gambling, and problematic internet use.

They also offer services to the family members and friends of these people, whether or not they are registered for the CRD's services.

Our team of professionals can help you to:

- **Reduce** the negative consequences of your substance use, gambling, or problematic internet use;
- **Adopt** responsible behaviours for dealing with these habits;
- **Learn** new skills for coping with daily challenges.

The CRD teams are made up of:

- Physicians
- Nurses
- Psychosocial workers

We also work with several partners in the territory to provide accessible, ongoing services.



These services are for you if:

- You are worried about your substance use, gambling, or problematic internet use, OR that of a friend or family member;
- You are suffering from negative consequences of your substance use, gambling, or problematic internet use, OR that of a family member or friend;
- You feel like you've lost control over your substance use, gambling, or internet use;
- You've tried several times, unsuccessfully, to:
 - cut back on or stop using alcohol or drugs;
 - change your gambling or internet habits.
- You'd like to learn and develop ways to change your habits and cope with the challenges related to your substance use, gambling, or internet habits.

We offer personalized services. The intensity of the approach depends on each person's condition, expectations and objectives.